



NMCPHC QUICK HITS

Blue-H – Navy Surgeon General's Health Promotion and Wellness Award

The Blue-H Navy Surgeon General's Health Promotion and Wellness Award guides, encourages and rewards the promotion of health in Navy and Marine Corps organizations. This annual award is available at three levels: Bronze Anchor, Silver Eagle and Gold Star. In 2014, 342 Navy and Marine Corps commands won the Blue-H.



Which Commands are Eligible?

All Navy and Marine Corps commands and USMC Semper Fit Centers are eligible. There are four versions of the award criteria - Fleet, Marine Corps Command, Medical and Semper Fit Center.

- The **Fleet version** is used by all non-medical Navy commands, ship, shore, active duty and reserve. This version recognizes excellence in workplace primary prevention policies, activities and outcomes.
- The **Marine Corps Command version** is used by all non-medical USMC commands, active duty and reserve. This version recognizes excellence in workplace primary prevention policies, activities and outcomes.
- The **Medical version** is used by active duty medical treatment facilities and recognizes excellence in clinical primary prevention, community health promotion and medical staff health in Navy medical organizations.
- The **Semper Fit Center version** recognizes excellence in community-level primary prevention conducted for USMC populations.

How Can My Command Apply for the Award?

All Commands must submit between January 1st and February 1st, 2016.

1. Send an email to the Blue H Project Manager with these attachments:
 - a. Your completed Blue H worksheet (in Excel format)
 - b. Your signed/scanned CO Letter
 - c. Your HRA "CO Reports"
 - d. For GOLD STAR applications:
 - i. Medical: submit the name of all HPW full time staff members and HP Training Certificates appropriate for their military rank/civilian grade.
 - ii. Fleet: submit name of HP Coordinator and HP Training Certificate for Navy HP Basics Course, Level I (NKO course number NMHPB081) or the 3-day NMCPHC HPW Course.
2. Enter your application data and scores into the Blue H Application webtool (optional step because CaC card and internet connectivity are needed). For technical assistance with the webtool, contact our HelpDesk
3. Your submission is NOT complete until and unless you receive email confirmation from NMCPHC.

For more information about the Blue-H Award, visit:

<http://www.med.navy.mil/sites/nmcphc/health-promotion/Pages/blue-h.aspx>

